



CIVA
THE CARDIOVASCULAR SPECIALISTS



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CARRELL CLINIC CENTER, TOWER 1, SUITE 410, 9301 NORTH CENTRAL EXPWY., DALLAS, TX 75231

CT ANGIOGRAM SCAN INSTRUCTIONS

PRIOR TO YOUR STUDY:

- Do not eat/drink any caffeinated products or beverages for 24 hours before the test.
- You may take your regular medication before and the day of the test EXCEPT:
 - NO Glucophage, Glucovance, Metformin, or Avandamet 48 hours before the scan AND 48 hours after the scan
 - NO Viagra, Cialis, or Levitra 36 hours prior to the scan
- You will need a blood test (creatinine) performed within 6 weeks of the scan to check your kidney function. A normal test will confirm that we can give you the IV dye during the scan and know that it will clear your kidney's properly. If your blood test is slightly elevated, we may need you to take a medication 48 hours before and 48 hours after the scan to help your kidneys.
- If you are having a cardiac scan, your heart rate must be around 60 beats per minute or below. You will therefore be prescribed a medication (either a beta blocker or calcium channel blocker) to take the night before the scan and on the morning of the scan, unless otherwise instructed.
- If you are allergic to dye, iodine or shellfish, you will be given medication to take the night before and the morning of the scan to help prevent any allergic reaction to the dye. One of the medications may cause drowsiness so please have someone drive you to and from the scan.

ON THE DAY OF YOUR STUDY:

- You may drink as much fluid as you like but, do not eat solid food for 4 hours prior to the scan.
- You will need to arrive 15 minutes prior to your appointment time. The study will take about 15 minutes.
- The Imaging Center is located at the Carrell Clinic Building (see address above) which is on the southbound feeder road of Central Expressway (I75) between Walnut Hill Lane and Park Lane. The building is a half block from the Walnut Hill Lane exit on the west side of Central. Check in at our CIVA office on the fourth floor, Suite 410. The phone number is (214) 265-6350.
- If you are diabetic and on insulin, please take only $\frac{1}{2}$ of the routine am dose of insulin the morning of the scan. If you are diabetic and on oral medication other than Glucophage, Glucovance, Metformin, or Avandamet (which you are NOT to take as stated above), hold your dose until you are able to eat.
- If you are having a cardiac scan, you will be given nitroglycerin under your tongue during the scan. This will enable us to get a better image by enlarging your arteries. You should therefore NOT take Viagra, Cialis, or Levitra for 36 hours prior to and after this test.
- You will be able to drive home from the test. No restrictions will be placed on you following the test.

